

Mint Chocolate Drink

We like to drink this when those chocolate cravings become fierce. Let's face it—sometimes a girl just has to have some chocolate!

Serves: 1

Ingredients

- 1/2 teaspoon mint extract
- 8 ounces cold organic nonfat milk
- 2 tablespoons [cocoa protein powder](#)
- 1 teaspoon organic honey
- 2 ice cubes

Directions

1. Blend to desired consistency and enjoy!

