



## **Fuzzy Slippers Turkey Sandwich**

*Nothing beats a sandwich for ease and portability! Luckily, you don't have to forsake nutrition for convenience with this tasty sandwich. Make it an open-faced sandwich if you are limiting your carbs.*

Serves: 1

### **Ingredients**

- 3 ounces roasted organic turkey slices
- 2 slices whole grain or sprouted grain bread (we love Ezekial bread!)
- 1 tablespoon cold-pressed mayonnaise or Vegenaise
- 1 ounce chèvre goat cheese
- 1 teaspoon organic mustard
- 1 handful organic greens
- 2 slices of organic avocado
- 2 slices of organic tomatoes

### **Directions**

1. Spread the bread with the mayonnaise or Vegenaise.
2. Add the goat cheese and mustard.
3. Top with the turkey, greens, avocado and tomatoes.